

Today's Specials

Smaller Plates

BEEF & MUSHROOM BARLEY SOUP

bone broth, cremini mushrooms, parsley 5/7

BLACKENED MAHI TACOS

cumin-lime cabbage slaw, cilantro crema, scallion 11

Larger Plates

CHICKEN SALAD BLT

house made chicken salad, bacon, mixed greens,
tomato, toasted 7-grain bread 12

CROISSANT FRENCH TOAST

fresh strawberries, whipped cream 12

CHILI & EGGS

braised beef & black bean chili, sunny up eggs,
jalapeno cheddar corn muffin, cheddar cheese,
sour cream, guacamole, pico de gallo 15

SMOKED SALMON AVOCADO TOAST

house cured salmon, smashed avocado, 7-grain toast, dill,
shaved red onion & cucumber, lemon vinaigrette 14