

# Today's Specials

## Smaller Plates

### **HAM & SPLIT PEA SOUP**

cheddar cheese, garlic croutons 5/7

### **COCONUT CURRY & LENTIL SOUP**

fried shallots, scallion, cilantro 5/7

### **VEGAN TACOS**

house made seitan chorizo, chayote & red cabbage slaw,  
roasted tomato vinaigrette, avocado, cilantro 7

## Larger Plates

### **CHICKEN SALAD BLT**

house made chicken salad, crispy bacon, tomato,  
mixed greens, 7- grain bread 11

### **CROISSANT FRENCH TOAST**

whipped cream, fresh strawberries, toasted almonds 12

### **SWEET POTATO & RICOTTA CAVATELLI**

walnut & sage brown butter, parmesan cheese,  
sunny up eggs 13